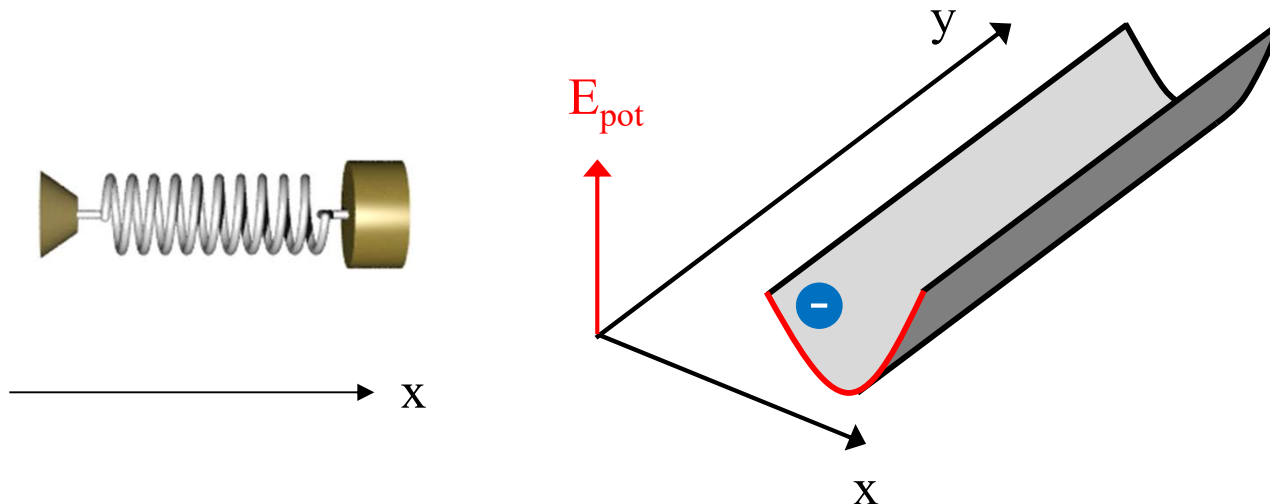


Si un opérateur A ne dépend pas explicitement du temps,
sa valeur moyenne est conservée si A commute avec l'hamiltonien H

Exercice:

Lesquelles de ces valeurs moyennes
sont conservées ?

Supposons: $H = \frac{P_x^2 + P_y^2}{2m} + \frac{1}{2} \kappa \cdot x^2$



$$\langle X \rangle$$

$$\langle Y \rangle$$

$$\langle P_x \rangle$$

$$\langle P_y \rangle$$

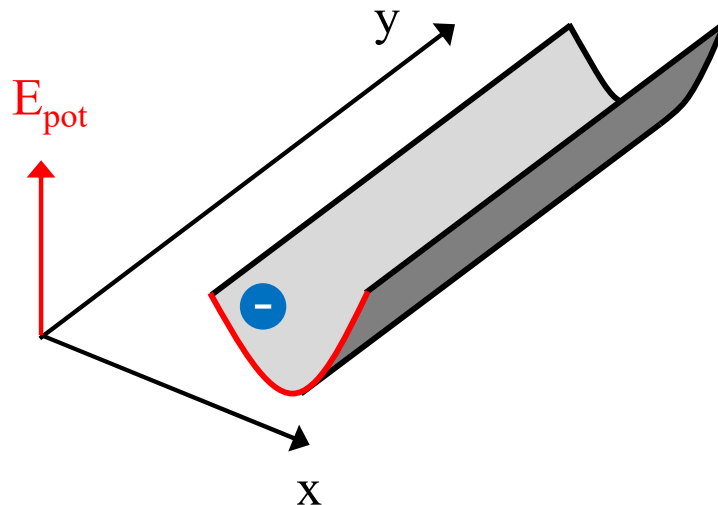
Exercice 7.1 : Lois de conservation:

Théorème d'Ehrenfest:

$$\frac{\partial}{\partial t} \langle A \rangle = \left\langle \frac{\partial A}{\partial t} \right\rangle + \frac{1}{i\hbar} \langle [A, H] \rangle$$

Exercice:

Supposons: $H = \frac{P_x^2 + P_y^2}{2m} + \frac{1}{2} \kappa \cdot x^2$



Lesquelles de ces valeurs moyennes sont conservées ?

$$[X, P_x] \equiv i\hbar \Rightarrow \langle X \rangle$$

$$[Y, P_y] \equiv i\hbar \Rightarrow \langle Y \rangle$$

$$[X, P_x] \equiv i\hbar \Rightarrow \langle P_x \rangle$$

$$\langle P_y \rangle = \text{conservée}$$

Exercice 7.2: évolution des opérateurs

Soit un Hamiltonien de la forme:

$$H = \frac{P_x^2 + P_y^2 + P_z^2}{2m} + V(\vec{x})$$

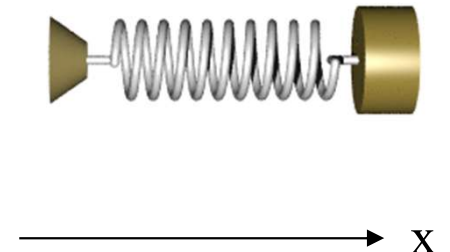
Calculez les évolutions suivantes:

$$\frac{\partial}{\partial t} \langle \vec{X} \rangle$$

$$\frac{\partial}{\partial t} \langle \vec{P} \rangle$$

**appliquez-le avec
l'Hamiltonien 1D suivant:**

$$H = \frac{P_x^2}{2m} + \frac{1}{2} \kappa \cdot x^2$$



Exercice 7.2: évolution des opérateurs

$$\begin{aligned} [X, P_x^2] &= XP_x \cdot P_x - P_x P_x \cdot X = XP_x \cdot P_x - \cancel{P_x X} \cdot P_x + \cancel{P_x} \cdot XP_x - P_x \cdot P_x X \\ &= [X, P_x] \cdot P_x + P_x \cdot [X, P_x] = i\hbar \cdot P_x + P_x \cdot i\hbar = 2i\hbar \cdot P_x \end{aligned}$$

$$H = \frac{P_x^2 + P_y^2 + P_z^2}{2m} + V(\vec{x})$$

$$\left. \begin{aligned} \frac{\partial}{\partial t} \langle X \rangle &= \cancel{\left\langle \frac{\partial X}{\partial t} \right\rangle} + \frac{1}{i\hbar} \langle [X, H] \rangle = 0 + \frac{1}{i\hbar} \left\langle \left[X, \frac{P_x^2}{2m} \right] \right\rangle = \frac{\langle P_x \rangle}{m} \\ \frac{\partial}{\partial t} \langle Y \rangle &= \cancel{\left\langle \frac{\partial Y}{\partial t} \right\rangle} + \frac{1}{i\hbar} \langle [Y, H] \rangle = 0 + \frac{1}{i\hbar} \left\langle \left[Y, \frac{P_y^2}{2m} \right] \right\rangle = \frac{\langle P_y \rangle}{m} \\ \frac{\partial}{\partial t} \langle Z \rangle &= \cancel{\left\langle \frac{\partial Z}{\partial t} \right\rangle} + \frac{1}{i\hbar} \langle [Z, H] \rangle = 0 + \frac{1}{i\hbar} \left\langle \left[Z, \frac{P_z^2}{2m} \right] \right\rangle = \frac{\langle P_z \rangle}{m} \end{aligned} \right\}$$

$$m \cdot \frac{\partial}{\partial t} \langle \vec{X} \rangle = \langle \vec{P} \rangle$$

$$m \cdot \vec{v} = \vec{p}$$

Exercice 7.2: évolution des opérateurs

$$P_x V \cdot |\psi\rangle = -i\hbar \frac{\partial}{\partial x} (V |\psi\rangle) = -i\hbar \left(\frac{\partial}{\partial x} V \right) \cdot |\psi\rangle + V \cdot \left(-i\hbar \frac{\partial}{\partial x} \right) |\psi\rangle = -i\hbar \left(\frac{\partial}{\partial x} V \right) \cdot |\psi\rangle + V P_x \cdot |\psi\rangle \quad \Rightarrow \quad [P_x, V] = -i\hbar \left(\frac{\partial}{\partial x} V \right)$$

$$H = \frac{P_x^2 + P_y^2 + P_z^2}{2m} + V(\vec{x})$$

$$\left. \begin{aligned} \frac{\partial}{\partial t} \langle P_x \rangle &= \left\langle \frac{\partial P_x}{\partial t} \right\rangle + \frac{1}{i\hbar} \langle [P_x, H] \rangle = 0 + \frac{1}{i\hbar} \langle [P_x, V] \rangle = \left\langle -\frac{\partial}{\partial x} V \right\rangle \\ \frac{\partial}{\partial t} \langle P_y \rangle &= \left\langle \frac{\partial P_y}{\partial t} \right\rangle + \frac{1}{i\hbar} \langle [P_y, H] \rangle = 0 + \frac{1}{i\hbar} \langle [P_y, V] \rangle = \left\langle -\frac{\partial}{\partial y} V \right\rangle \\ \frac{\partial}{\partial t} \langle P_z \rangle &= \left\langle \frac{\partial P_z}{\partial t} \right\rangle + \frac{1}{i\hbar} \langle [P_z, H] \rangle = 0 + \frac{1}{i\hbar} \langle [P_z, V] \rangle = \left\langle -\frac{\partial}{\partial z} V \right\rangle \end{aligned} \right\}$$

$$\frac{\partial}{\partial t} \langle \vec{P} \rangle = \langle -\vec{\nabla} V(\vec{x}) \rangle \equiv \langle \vec{F} \rangle$$

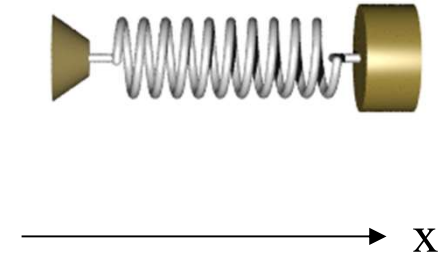
$$m \cdot \frac{\partial^2}{\partial t^2} \langle \vec{X} \rangle = \langle \vec{F} \rangle$$

$$m \cdot \vec{a} = \vec{F}$$

Exercice 7.2: évolution des opérateurs

appliquez avec l'Hamiltonien

$$H = \frac{P_x^2}{2m} + \frac{1}{2} \kappa \cdot x^2$$



$$F_x = -\frac{\partial}{\partial x} V(x) = -\kappa \cdot x$$

$$\frac{\partial}{\partial t} \langle P_x \rangle = \langle F_x \rangle \qquad \frac{\partial}{\partial t} \langle x \rangle = \frac{\langle P_x \rangle}{m}$$

$$A = \langle x \rangle(0)$$

$$B = \frac{1}{\sqrt{m \cdot \kappa}} \cdot \langle P_x \rangle(0)$$

$$\frac{\partial^2}{\partial t^2} \langle x \rangle = \frac{1}{m} \frac{\partial}{\partial t} \langle P_x \rangle = -\frac{\kappa}{m} \langle x \rangle \quad \Rightarrow \quad \langle x \rangle = A \cdot \cos\left(\sqrt{\frac{\kappa}{m}} \cdot t\right) + B \cdot \sin\left(\sqrt{\frac{\kappa}{m}} \cdot t\right)$$

$$\langle P_x \rangle = m \cdot \frac{\partial}{\partial t} \langle x \rangle \quad \Rightarrow \quad \langle P_x \rangle = \sqrt{m \cdot \kappa} \cdot \left(-A \cdot \sin\left(\sqrt{\frac{\kappa}{m}} \cdot t\right) + B \cdot \cos\left(\sqrt{\frac{\kappa}{m}} \cdot t\right) \right)$$

$$H = -\vec{\mu} \cdot \vec{B} = -\frac{\hbar}{2}\gamma(B_x\sigma_X + B_y\sigma_Y + B_z\sigma_Z) \quad \text{avec} \quad \vec{B} = \begin{pmatrix} 0 \\ 0 \\ B_z \end{pmatrix}$$

$$[\sigma_X, \sigma_Y] \equiv 2i \cdot \sigma_Z$$

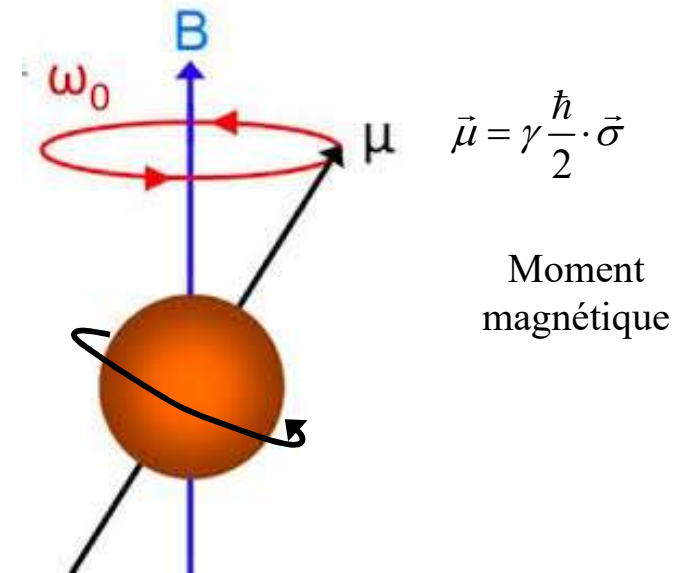
$$[\sigma_Y, \sigma_Z] \equiv 2i \cdot \sigma_X$$

$$[\sigma_Z, \sigma_X] \equiv 2i \cdot \sigma_Y$$

1) Montrez que $\langle \sigma_z \rangle$ est conservé

2) Au temps $t=0$, $\langle \sigma_x(0) \rangle = 1$ et $\langle \sigma_y(0) \rangle = 0$

Calculez l'évolution de $\langle \sigma_x(t) \rangle$ et $\langle \sigma_y(t) \rangle$



Base de la NMR
et de l'IRM

Exercice 7.3

$$B_x=0 \text{ et } B_y=0 \quad \Rightarrow \quad H = -\frac{\hbar}{2}\gamma(B_z\sigma_z)$$

$$[\sigma_x, \sigma_y] \equiv 2i \cdot \sigma_z$$

$$[\sigma_y, \sigma_z] \equiv 2i \cdot \sigma_x$$

$$[\sigma_z, \sigma_x] \equiv 2i \cdot \sigma_y$$

$$\frac{\partial}{\partial t} \langle \sigma_x \rangle = \frac{1}{i\hbar} \langle [\sigma_x, H] \rangle = \frac{-\hbar\gamma}{2i\hbar} \langle [\sigma_x, \sigma_z] \rangle B_z = \gamma \langle \sigma_y \rangle B_z \neq 0 \quad \Rightarrow \quad \langle \sigma_x \rangle \text{ varie}$$

$$\frac{\partial}{\partial t} \langle \sigma_y \rangle = \frac{1}{i\hbar} \langle [\sigma_y, H] \rangle = \frac{-\hbar\gamma}{2i\hbar} \langle [\sigma_y, \sigma_z] \rangle B_z = -\gamma \langle \sigma_x \rangle B_z \neq 0 \quad \Rightarrow \quad \langle \sigma_y \rangle \text{ varie}$$

$$\frac{\partial}{\partial t} \langle \sigma_z \rangle = \frac{1}{i\hbar} \langle [\sigma_z, H] \rangle = \frac{-\hbar\gamma}{2i\hbar} \langle [\sigma_z, \sigma_z] \rangle B_z = 0 \quad \Rightarrow \quad \langle \sigma_z \rangle \text{ conservé}$$

Exercice 7.3

$$\left. \begin{aligned} \frac{\partial}{\partial t} \langle \sigma_x \rangle &= \gamma B_z \langle \sigma_y \rangle \\ \frac{\partial}{\partial t} \langle \sigma_y \rangle &= -\gamma B_z \langle \sigma_x \rangle \end{aligned} \right\} \Rightarrow \begin{aligned} \frac{\partial^2}{\partial t^2} \langle \sigma_x \rangle &= \gamma B_z \frac{\partial}{\partial t} \langle \sigma_y \rangle = -\Omega_L^2 \langle \sigma_x \rangle \\ \frac{\partial^2}{\partial t^2} \langle \sigma_y \rangle &= -\gamma B_z \frac{\partial}{\partial t} \langle \sigma_x \rangle = -\Omega_L^2 \langle \sigma_y \rangle \end{aligned}$$

Avec la fréquence de Larmor: $\Omega_L \equiv \gamma B_z$

$$\langle \sigma_x(0) \rangle = 1 \quad \text{et} \quad \langle \sigma_y(0) \rangle = 0 \quad \Rightarrow$$

$$\langle \sigma_x(t) \rangle = \cos(\Omega_L t)$$

$$\langle \sigma_y(t) \rangle = -\sin(\Omega_L t)$$

$$\langle \sigma_z \rangle \text{ conservé}$$

